

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adult Gi 8:00 – 9:15 am	Adult Gi 8:00 – 9:15 am	Adult Gi 8:00 – 9:15 am	Adult No-Gi 8:00 – 9:15 am	Adult Gi 8:00 – 9:15 am	Adult Gi 9:00 – 10:15 am	Closed
10-15 Year Olds 4:15-5:45 pm	Kids Competition Training 5:00 – 6:30 pm	10-15 Year Olds 4:45 – 5:45 pm	10-15 Year Olds (NO GI) 4:45 – 5:45 pm	Reserved for Private Wrestling Lessons 5:00 – 6:00 pm		
5-9 Year Olds 5:45 – 6:45 pm	Adult No-Gi 6:45 – 8:05 pm	5-9 Year Olds 5:45 – 6:45 pm	5-9 Year Olds (NO GI) 5:45 – 6:45 pm			
Adult Gi 6:45 – 8:05 pm		Adult Gi 6:45 – 8:05 pm	Adult Gi 6:45 – 8:05 pm			